

SH/1T(8000) - XS02
Rules Manual

Manual XS02

Securing your bootlaces



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Death by Health and Safety
Treacle Tower
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SH1 1TE

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| Issue | Date | Notes | Authorised by |
|--------------|----------------|----------------|----------------------|
| 1 | September 2009 | Fold with care | Nanny |

You will need this manual if you carry out the duties of:

- a cobbler
- an actor in Upstairs Downstairs
- a clown
- Wayne Rooney
- a safety professional's assistant.

1

Definitions

The following terms are used in this manual:

a) Custodian Of Multiple Footwear Items (COMFI)

A COMFI is appointed when:

- a group is required to go paddling on or near the line
- a complaint is received about Gary's sweaty feet
- a member of a group discovers a bunion, or
- the 'person in charge' is threatening to kick someone's backside.

b) Boot Uppers Securing Thong (BUST)

A thin and flexible device used to maintain a consistent distance between the two uppers of a footwear item, used in conjunction with a system of eyes and hooks. The BUST must be:

- 28.2cm long, 1.8mm in diameter and coloured Pantone 256C
- manufactured from high-tensile braided tripe
- capable of resisting a force exerted by three Thompson's Gazelles
- fitted by a suitably certificated person in accordance with the manufacturer's instructions.

c) Tension Adjustment and Monitoring Equipment (TAME)

A device fitted to individual footwear items to monitor how securely a BUST is being held in position and automatically increase tension in the BUST if significant movement is detected.

2 Principles

2.1 Applying procedure XS02

Bootlaces must be secured using the procedure set out in this manual unless:

- a group's leg count is not divisible by 2
- the track at the site of work is laid on blancmange
- the site warden's feet have melted
- Brian's mum has given him a note
- the group's footwear has been permanently painted on.

If the work is within station limits, flip-flops may be worn.

You must not rely on these arrangements if more than five of your fingers have been amputated.

2.2 The person responsible for securing the bootlaces

a) If only one bootlace is involved

If only one bootlace is involved, the bootlace must be secured by a BUST Implementation Agent (BUSTIA).

b) If more than one bootlace is involved

If more than one bootlace is involved, the bootlace must be secured by a Duplex-Chord Utilisation Planner (D-CUP).

3

Making the arrangements

The people responsible: you, COMFI, D-CUP

3.1 Your responsibilities

You

Before a group goes on or near the line or lineside, every member of the group must:

- complete a Footwear Requisition Form
- collect a pair of boots from the COMFI or release a pair from the garage of a colleague who has several pairs stored there
- make sure the boots are not worn
- make sure the boots are properly worn
- put your left foot in, your left foot out, in, out, in, out and shake it all about
- repeat the above arrangements with your right foot
- ask the D-CUP to secure your BUSTs and measure the tension in them using a strain gauge
- record the tension on the D-CUP's Bootlace Securing Form.

3.2 D-CUP's arrangements

D-CUP

You must:

- secure the BUSTs of each member of the group using either an anchor hitch or double-loop bowline knot
- attach the knot to the boot's upper with a staple gun
- measure the tension applied to each BUST using a TAME as a scalar magnitude of a vector
- ask each member of the group to record the tension and their boots' serial number on your Bootlace Securing Form
- tell the COMFI the limits of your patience
- give each member of the group authority to stand up.

4

Recording the arrangements

The person responsible: **D-CUP**

You must complete four copies of the Bootlace Securing Form (XS02F) before allowing any member of the group to stand up.

D-CUP

| Bootlace Securing Form (XS02F) (Copy 1#4) | | | | | | |
|---|--------------------------------------|------------------|-----------------------------------|---------------|-----------------------------------|--------------------|
| A. General information | | | | | | |
| D-CUP's name | | | Sentinel Card No. | | | |
| Geotag reference | | | Hardhat Pantone colour | | | |
| Mother's inside leg measurement | cm | | Length of granny's artificial leg | | cm | |
| B. The group | | | | | | |
| Number of people in group | | | Average IQ of group | | | |
| Favourite childhood memory | | | Trinny or Suzannah? | | TRINNY | SUZANNAH |
| C. General knowledge | | | | | | |
| Which Chancellor is the odd one out? | ANTHONY BARBER | DENIS HEALEY | GEOFFREY HOWE | NIGEL LAWSON | IAIN MACLEOD | ROY JENKINS |
| What is the general solution for quadratic equations? | $x = (-b \pm \sqrt{b^2 - 4ac}) / 2a$ | | $x = (a^2 + b^2 + c^2) / 2a$ | | $x = b^2 * (a - c^2) + (a + c^2)$ | |
| Which are these is not a breed of pig? | BACKFATTER | | FINISHER | | CHIANINA | |
| How many health and safety officers does it take to change a lightbulb? | 18 | 22 | 27 | 38 | 40 | 78 |
| D. Group members | | | | | | |
| Name | Sentinel Card No. | Authority Number | Shoe size | Serial number | Left BUST tension | Right BUST tension |
| | | | | | N | N |
| | | | | | N | N |
| | | | | | N | N |
| | | | | | N | N |
| | | | | | N | N |
| | | | | | N | N |

5

If your bootlace enters a critical state

The person responsible: you, D-CUP

Your bootlace has entered a **critical state** if:

- a continuous warning is sounded by the relevant TAME
- you notice that one of your BUSTs is touching the floor.

you

If you are on or near the line and one or both of your bootlaces enter a **critical state**, you must:

- not panic or start to cry
- tell the D-CUP immediately using semaphore signalling.

D-CUP

You must:

- contact the signaller who will arrange for a levitation pack to be delivered to your site of work
- fit the pack to the affected person
- inform the COMFI who will arrange for you to be D&A screened.

you

You must:

- carefully fly to a position of safety at a height of not less than 30cm (1 foot)

On lines fitted with overhead line equipment (OLE), you must first arrange for the contact wire to be moved clear.

- await medical attention.



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